
Default Question Block

The goals of this form, **Academic Success Plan**, are the following:

- To allow students to thoughtfully reflect on their most recent semester at UConn, including recognizing their personal and academic strengths, as well as the challenges that inhibited their success
- To create a detailed plan—including goals, resources, and next steps—that will help students to achieve success during the next semester and beyond
- To provide a productive starting point for a connection to the Honors Program and UConn community that encourages student success and well-being.

Please reply to the following questions thoughtfully and thoroughly, so that we can help you to set the stage for remaining in Honors and successfully completing your UConn degree.

Please know while we will make every effort to review your submission as soon as possible, it may not be reviewed immediately upon receipt. Please note that all University employees are mandated reporters of child abuse or child neglect. In addition, UConn employees have responsibilities to report to the Office of Institutional Equity student disclosures of sexual assault and related interpersonal violence; any information you submit in this form is subject to UConn reporting policies. If you feel you need more immediate assistance or support, we encourage you to reach out to the Dean of Students Office and/or Student Health and Wellness - Mental Health (Mental Health Resource Center). In addition, if you have concerns related to sexual harassment, sexual assault, intimate partner violence and/or stalking, we encourage you to review the resources and reporting options available at: <https://titleix.uconn.edu/>

Student Information

First Name	<input type="text"/>
Last Name	<input type="text"/>
UConn Email	<input type="text"/>
NetID	<input type="text"/>
PeopleSoft ID	<input type="text"/>
UConn Home Campus	<input type="text"/>
Pronouns	<input type="text"/>
Cell phone number	<input type="text"/>

Describe your academic successes and strengths during your most recent semester at UConn. What strategies did you employ that were the most effective in helping you succeed?

What personal challenges or experiences did you face during your most recent semester at UConn?

Check all categories that apply.

- | | | |
|--|--|--|
| <input type="checkbox"/> Academic Burnout (Overwhelmed by course load) | <input type="checkbox"/> Stress/Anxiety | <input type="checkbox"/> Work Responsibilities |
| <input type="checkbox"/> Finances/Scholarships | <input type="checkbox"/> Transition from high school/other institution | <input type="checkbox"/> Health/COVID Concerns |
| <input type="checkbox"/> Relationships (Family, friends, romantic, roommate, etc.) | <input type="checkbox"/> Trouble understanding course content | <input type="checkbox"/> Family Responsibilities and/or Expectations |
| <input type="checkbox"/> Home/food insecurity | <input type="checkbox"/> Time Management | <input type="checkbox"/> Understanding or fulfilling Honors requirements |
| <input type="checkbox"/> Learning challenges/disabilities | <input type="checkbox"/> Identity (Gender, sexual, transition, etc.) | <input type="checkbox"/> Class Attendance/Participation |
| <input type="checkbox"/> Communicating with instructors/advisor(s) | <input type="checkbox"/> Deciding on my major | <input type="checkbox"/> Mental Health Challenges |
| <input type="checkbox"/> Sleeping/Eating Habits | <input type="checkbox"/> Motivation | <input type="checkbox"/> Transportation |
| <input type="checkbox"/> Lack of support/connection on campus | <input type="checkbox"/> Realizing my major was not a good fit or match for me | <input type="checkbox"/> Other (describe challenges):
<div style="border: 1px solid black; width: 200px; height: 15px; margin-top: 5px;"></div> |
| <input type="checkbox"/> Social Distractions/Commitments | | |

You identified the following challenges that impacted your work during your most recent semester:

#{q://QID1/ChoiceGroup/SelectedChoicesTextEntry}

Of the challenges identified, what are the top three that you would like to prioritize this semester?

Priority #1

Priority #2

Priority #3

What do you consider the biggest challenge you will face in the upcoming semester? How will you approach this challenge?

The following characteristics most accurately describe my academic habits during my most recent semester at UConn:

Select all that apply.

- I felt comfortable approaching faculty with my questions.
- I read the syllabus and/or grading structure for each class.
- I attended all of my classes on regular basis.
- I participated in class on a regular basis.
- I faced personal and/or family challenges that affected my academic habits.
- I used online study resources such as Quizlet or Khan Academy
- I took effective notes and reviewed them when studying.
- I completed and/or submitted my assignments on time.
- I utilized a planner/calendar (paper or online) to organize my course information/assignments.
- I remembered information presented in class and in textbooks.
- None of the above (describe your habits):

How many hours a week do you spend studying? (Reviewing course material, completing assignments, meeting with professors, visiting tutoring centers, etc.)

You can enter a weekly average, or a range of hours.

Did you use on-campus resources during your most recent semester at UConn?

These might include resources such as your academic advisor, SHAW/Mental Health Resource Center, your SSS advisor, Center for Students with Disabilities (CSD), the Academic Achievement Center, the Q or W Centers, Dean of Students Office, Cultural Centers, etc.

- Yes
- No

What prevented you from using campus resources?

Select all that apply.

- Unaware of resources
- Privacy concerns
- Uncomfortable seeking support
- Preferred to use online resources (Khan Academy, Quizlet, etc.)
- Felt I didn't need resources
- Not comfortable seeking help from instructors
- Other (describe reason):

I used the following campus resources during my most recent semester at UConn:

Select all that apply.

- | | |
|--|---|
| <input type="checkbox"/> UConn Connects | <input type="checkbox"/> Academic Achievement Center |
| <input type="checkbox"/> Professor/TA Office Hours | <input type="checkbox"/> Q Center/Writing Center/other Tutoring Center |
| <input type="checkbox"/> Dean of Students Office/ Office of Student Services | <input type="checkbox"/> SHaW/Mental Health Resource Center |
| <input type="checkbox"/> Campus Library | <input type="checkbox"/> Center for Students with Disabilities (CSD) |
| <input type="checkbox"/> Cultural Center or Student Organizations | <input type="checkbox"/> Other Professional Staff Advisor (STEM, OUR, McNair, etc.) |
| <input type="checkbox"/> Academic Advisor | <input type="checkbox"/> Peer mentoring program (PATH, TME, LCs, etc.) |
| <input type="checkbox"/> Honors Guides for Peer Success (GPS) | <input type="checkbox"/> Student Support Services (SSS) |
| <input type="checkbox"/> Center for Career Development | <input type="checkbox"/> Other (describe campus resources used): |

We encourage all students to seek support from the many resources that can help them meet their academic potential. Please think about some goals and positive changes you can make for yourself this semester to help overcome the challenges you identified. Reflecting on this, answer the following questions:

We realize one of your goals as an Honors student is to improve your GPA or academic habits. Meeting with an Academic Success Advisor (students on Scholastic Probation) or Honors Stay Whelmed advisor is the first step.

List/identify two additional concrete actions or steps you will take to overcome the challenges you have identified above.

Some examples:

- *I will visit office hours of all my professors during the first two weeks of class;*
- *I will sign up for a UConn Connects Mentor;*
- *I will become actively involved with one of the Cultural Centers;*
- *I will visit the Q Center before my first Calculus exam;*
- *I will identify a regular study space that is quiet and distraction-free*

Action #1

Action #2

List at least one additional personal or academic goal you would like to achieve this semester.
How will you know that you've achieved it?

Respond with at least two sentences.

Have you been readmitted to UConn after having been previously academically dismissed?

- Yes
- No

Thinking back to your last semester at UConn, describe your biggest challenge. Is this challenge something you continue to face this semester? If so, describe how you might approach it.

During your time away from the university, what actions did you take to improve your readiness for academic challenges?

Block 1

Are you currently on Scholastic Warning or Probation at UConn?

- Yes
- No

Finally, what would additional topics or resources you like to talk about in your academic success meeting with your advisor?

Select all that apply.

- Study Skills
- Honors requirements
- Time Management Skills
- Mental Health Resources
- Campus Resources
- Major Change
- Adjusting my Spring schedule or potentially repeating a course
- Personal Well-Being
- Career Options
- Other (describe topics):

Please share any additional comments, information, or concerns that you think are important for your advisor to know as they help you build a success plan.

Please be sure to hit "submit my responses" below, once you have completed the survey.

After completing this survey, please reach out to your Academic Success Advisor to [schedule your first meeting](#) to discuss your plan:

Storrs students: [Advisor Contact List](#)

Regional campus students: [Advisor Contact List](#)